

Transformation Therapy

Louise has devised an amazingly powerful, fully comprehensive seven-step transformation programme to deal with any issue or problem. She uses a combination of NLP - including values, beliefs and memory change work - Time Line Therapy™, EFT (Emotional Freedom Technique), Yoga, Tai Chi, Nature Balancing and Reiki. the transformation can be used for couples or singles, the seven step process can be followed at home by yourselves or by following the simple seven steps in the book, Louise works in person and trains people as therapists in the process.

Taking between two and eight hours, depending on the number of issues, a personal transformation offers one or more very intensive and powerful sessions exclusively with Louise, enabling you to clear your entire past and present from any blocks which stand in the way of you realising and optimising the magnificence which we know lies in each and every one of us. At the moment there is a waiting list for transformation therapy sessions.

Each session takes about eight hours and all issues can be addressed. These often include lack of fulfilment, dealing with success, bereavement, phobias, anxiety, worry, pain, illness, anger, sense of loss, infertility, infidelity, eating disorders, drug and alcohol abuse, hurt, jealousy, lack of confidence, low self esteem, past life issues, losing weight, stopping smoking, life coaching, sexual dysfunctions and abuse. Family counselling, lifestyle advice and future programming is also offered.

She believes all issues and problems can be overcome and cleared in the given time, providing there is not too much secondary gain: i.e. if you want to clear the problem, stop playing the victim and realise your dreams and goals now!